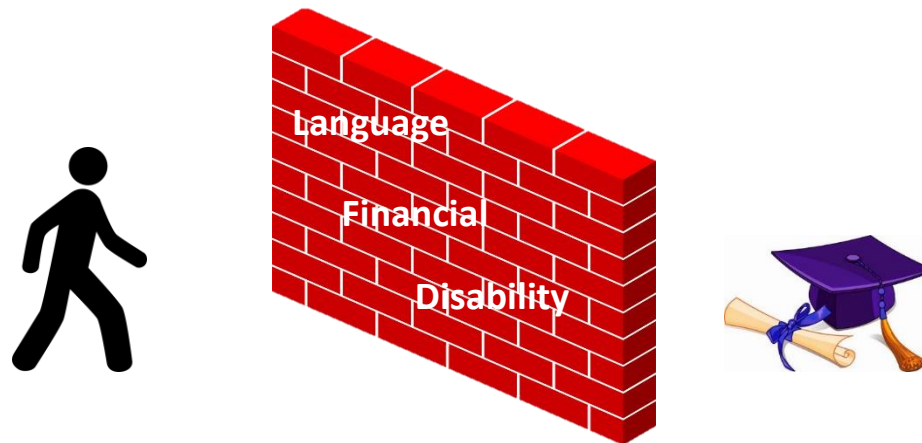


What is a barrier?

- A circumstance that can prevent you from moving forward.





FEARS LOSSES GAINS

What are your fears?	What are your losses?	What are your Gains?
Fear of being rejected	Job , Friends, opportunity	Job , Friendship, Opportunity
They wont like me	Self esteem	Experience
Not having the ability to provide	Respect, money, family	Respect, money, family



How do you deal with barriers?

ACT

- Acknowledge it
- Communicate it
- Take control of it



WHAT IS CULTURE?

- **Culture** is the characteristics and knowledge of a particular group of people, encompassing language, religion, cuisine, social habits, music and arts

Coe*ist



Γειά 喂 สวัสดี
안녕하세요 olá hello
Hej Oi! Olá
Привіт ciao hola
aloha guten tag
今日は goddag Chào ahn / Chào chị
hallo こんにちは shalom
Привет

ACCULTURATION

Definition: The process of social, psychological, and [cultural change](#) that stems from blending between cultures. The effects of acculturation can be seen at multiple levels in both the original (native) and newly adopted (host) [cultures](#).



VIDEO

- Chabani (example of Acculturation)
- https://youtu.be/rZwHq_PZRAc

LANGUAGE



Formal English vs. Informal English

Common Slang Expressions

Some slang expressions are known to a small group of people while others are used by many. To compare English to slang, we will look at some common slang expressions and their English counterpart. The slang expression is used first and underlined, followed by a Formal English sentence.

- People like that are a dime a dozen. There are lots of people like that.
- Soon you will be back on your feet. Soon you will be recovered from your illness.
- Let's call it a day. Let's stop working.
- She is a drama queen. She is so overly emotional.
- My efforts fell short. My efforts were not enough.
- Bob just goes with the flow. Bob just accepts thing as they are.
- He's in the doghouse now. He's in trouble now.
- I could hardly keep a straight face. I could hardly keep from laughing.
- You need to lighten up a bit. You need to relax a bit.
- They made a beeline for the bathroom. They went quickly straight towards the bathroom.
- Your team does not have a prayer. Your team does not have a chance.
- That test was a piece of cake. That test was very easy.
- Come in and take a load off. Come in and relax.
- The job is still up for grabs. The job is still available.
- We will wrap this up now. We will finish this now.
- I think he is on the level. I think he is honest.
- You have to hang in there. You have to keep trying.
- He rubs me the wrong way. He bothers me.

TO TALK OR NOT TO




Politics Religion Relationships

Here are four reasons why employees should never, ever discuss politics , religion and relationships at work

1. It's your private business, a personal matter, not a professional one.
2. It stifles productivity. Too much chatter about any subject could dampen productivity, especially if the subject is politics religion and relationships. "The topics discussed at work need to increase productivity or nurture relationships "The problem is that people don't just express their opinion.
3. It creates bias. You might start to make assumptions and harbor resentment for co-workers if you know too much about their personal preferences and matters, and this could lead to a less-than-harmonious working relationship. People who previously worked very well together may all of a sudden feel quite differently about their teammates.
4. It makes workers feel isolated or bullied. Voicing a strong opinion one way or another could lead to employees feeling discriminated against.
5. Money matters, when in the work place or professional setting it is not appropriate to discuss how much you get paid or ask others their wage rate. It's demoralizing for you and your colleagues "Sharing salary information can create tension between colleagues and resentment toward management—so it can really lead to a [toxic work environment](#),"

RELATIONSHIPS

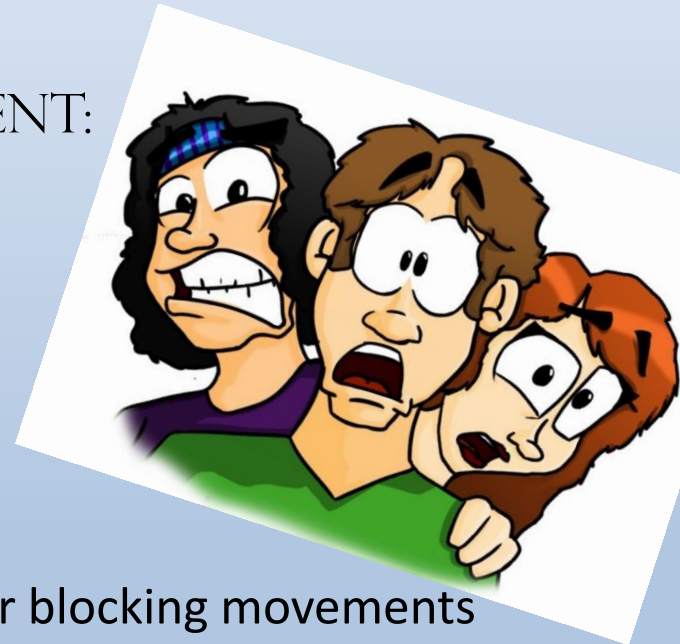
Professional	Personal
<p>a professional relation is regulated by law (as between a lawyer and a client) or a academic relation.</p> <p>a professional relationship between instructors and those they instruct.</p> <p>doctor-patient relation or a individual who is being paid by a entity to assist and or provide a service.</p>	<p>Personal relationships refer to close connections between people, formed by emotional bonds and interactions. These bonds often grow from and are strengthened by mutual experiences.</p>
Case Manager, Job Developer, Social Worker	
Doctor	
Teacher	
Landlord	
	Family
	Friends
	Neighbors
	Acquaintance

WHAT IS SEXUAL HARASSMENT?

In the legal sense, it is **behavior** that appears to be disturbing or threatening. Sexual harassment refers to persistent and unwanted sexual advances, typically in the workplace, where the consequences of refusing are potentially very disadvantageous to the victim.

BEHAVIORS THAT MAY BE SEXUAL HARASSMENT:

- Unwanted sexual advances
- Offering employment benefits in exchange for sexual favors.
- Derogatory comments, epithets, slurs, or jokes
- Graphic comments, sexually degrading words, or suggestive or obscene messages or invitations.
- Physical touching or assault, as well as impeding or blocking movements

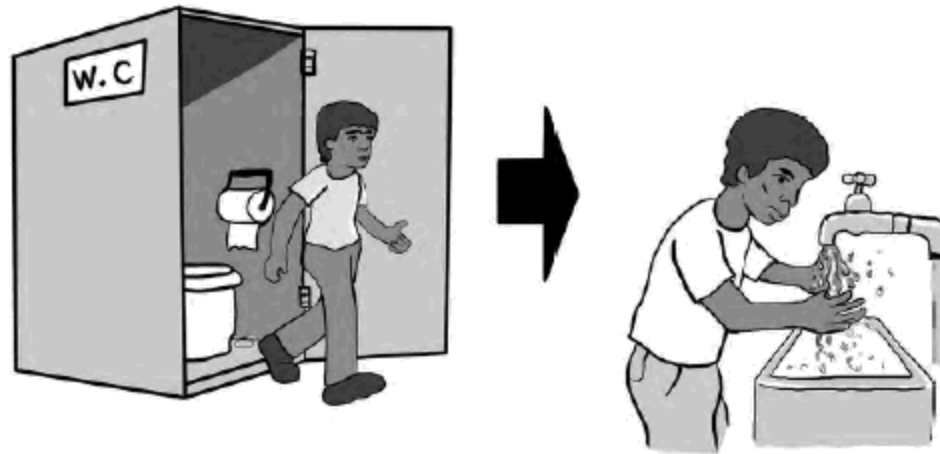


Health and Hygiene



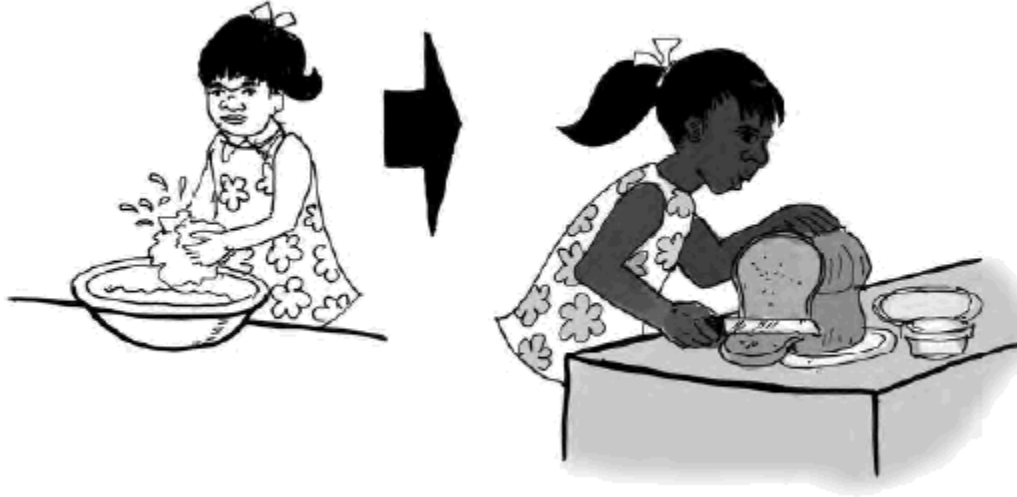
Cleaning teeth helps keep gums and teeth healthy.

Health and Hygiene

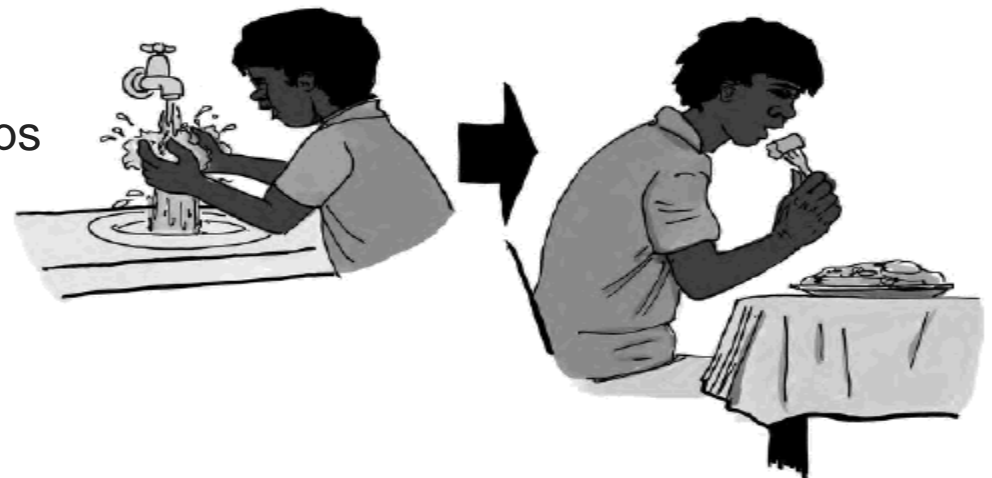


Washing hands after going to the toilet helps stop the spread of germs.

Health and Hygiene



Washing hands before preparing food helps keep germs out of our bodies.



Washing hands before eating food helps stop germs getting into our bodies

Health and Hygiene

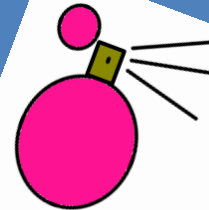
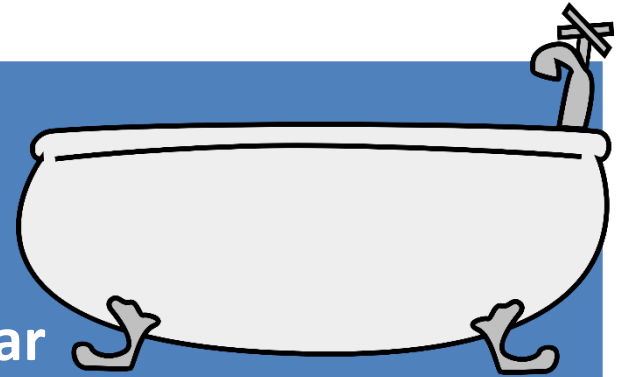


Covering the nose and mouth when sneezing helps stop the spread of germs.

SOCIAL RESPONSIBILITY BASICS

APPEARANCE :

1. Bathe or shower prior to interview
2. Wear Appropriate clothing and footwear
3. Brush your teeth (no gum)
4. Wear subtle perfume/cologne (If any)
5. Miscellaneous: Shaving? Tattoos? Body Piercings?



EXAMPLE



SOCIAL RESPONSIBILITY BASICS

Responsiveness:

1. Be on time
2. Show enthusiasm
3. Speak clearly, using proper grammar
4. Avoid slang, swearing, and suggestive language.
5. Answer questions clearly, completely and honestly
6. Focus on what you do have and not what you don't have
7. Put your phone on silent when necessary (in class, meetings or interviews)



SOCIAL RESPONSIBILITY BASICS

BODY LANGUAGE :

1. Smile
2. Shake hands firmly
3. Sit when offered a seat
4. Use good posture
5. Show you are listening by nodding , eye contact
6. Avoid sending negative messages (yawning, looking at your watch, etc.)



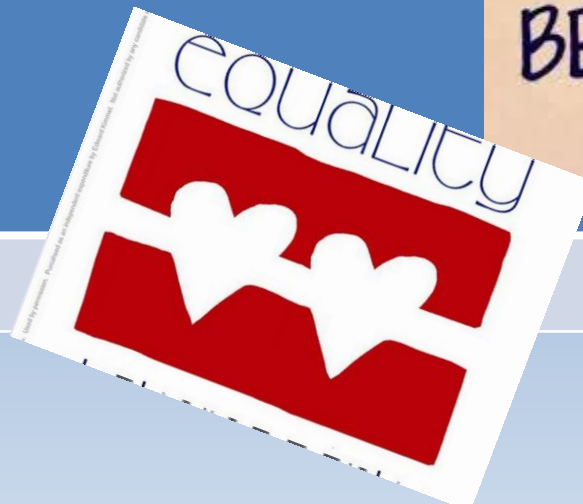
EXAMPLE



SOCIAL RESPONSIBILITY BASICS

Attitude:

1. Show respect
2. Be positive and enthusiastic
3. Courteous
4. Kind
5. Treat others equally



VIDEO

Immigrant success Story

https://youtu.be/bRFYY_fyroY